

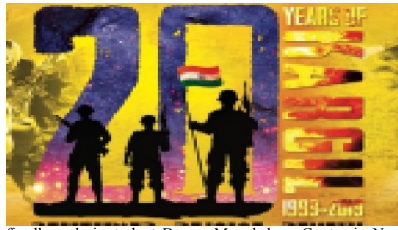
National News

20th Anniversary of Kargil Vijay Diwas being celebrated today

Agency
New Delhi July 26,

The 20th Anniversary of Kargil Vijay Diwas is being celebrated today. The day is named after the successful Operation Vijay in 1999, when India regained the control of the high outposts which had been stealthily taken over by Pakistan. The Kargil war was fought for more than 60 days and ended with India regaining control of all the previously held territory. The central theme of this year's celebrations is 'Remember, Rejoice and Renew'. On the occasion, President Ram Nath Kovind, who is also the Supreme

Commander of the armed forces, will lay wreath at Cinar Corps Headquarters, Badamibag at Srinagar. President's earlier programme of paying homage to war soldiers at Dras was cancelled due to bad weather. The three service chiefs paid tribute to the Kargil War martyrs at Dras. Defence Minister Rajnath Singh along with three Service Vice Chiefs paid homage to Kargil Soldiers by laying wreath at National War Memorial in New Delhi. The celebrations of 20th Anniversary of Kargil Vijay Diwas began in Delhi on 14th of this month. The Victory Flame traversed through eleven towns and cities and



finally culminated at Dras where the flame was merged with the eternal flame at Kargil War Memorial. Main celebrations have been spread over three days beginning yesterday. A Commemoration Ceremony is being organized at the

Manekshaw Centre in New Delhi, where a panel discussion with the war veterans and serving officers will be conducted. The event will be followed by Kargil Vijay Diwas Evening, a cultural extravaganza, at the Indira Gandhi Indoor Stadium tomorrow.

Kargil vijay diwas commemorated in upper Assam and walong

PIB (Defence Wing)
New Delhi July 26,

A series of events were conducted by the troops of Army under the aegis of Dao Division to commemorate the 20th anniversary of the Indian Army's resounding victory over Pakistani Army in Kargil war in year 1999. The event provided an opportunity for the troops to interact with the students and paid their homage to the gallant soldiers who made the supreme sacrifice for the nations territorial integrity.

On the solemn occasion a wreath laying ceremony was held at the Hut of Remembrance (Walong) and at Namti War memorial in Arunachal Pradesh, followed by a motivational lecture and screening of movie on 'Heroes of Kargil War'. The event was attended by a large number of local school students who were visibly



inspired by the men in uniform and their dauntless dedication to the service.

The Army units deployed in the intense counter insurgency operations in Upper Assam also organised programs to commemorate the occasion. A plethora of events comprising of motivational lecture on OPERATION VIJAY, interaction with students and screening of movie, "LOC-

Kargil" were conducted at Iris English Medium School, at Kakopather, JawaharNavodayaVidyalaya, at Bordumsa and at Kendriya Vidyalaya, Lekhapani in Tinsukia district. The young scholars and future pillars of the country were moved and motivated by the inspirational talk on the saga of courage under fire by our gallant soldiers at icy heights of Kargil.

India must become a sporting powerhouse: Kiren Rijiju

By a Correspondent
New Delhi, July 26,

Kiren Rijiju, Minister of State (Independent Charge) of the Ministry of Youth Affairs and Sports feels that Indian table tennis is on the rise and India must become a global powerhouse in sports.

Rijiju made the comments during the opening ceremony of the third edition of the Ultimate Table Tennis season today.

Rijiju lauded the efforts of TTFI and UTT for conceptualizing the league and conceded that India has a lot of potential in TT. "In recent times, we have seen that table tennis is on the rise and they have been winning medals at many international



tournaments. The sport has immense potential and I hope someday we will win an Olympic medal in table tennis," Rijiju said during the opening ceremony. "I compliment UTT for their efforts and believe it has played a huge role in popularising the sport in

India. Leagues like these are essential for making a sport popular and I assure everyone that our ministry will do everything to support and promote table tennis in the country," he added. The third edition of the country's premier table tennis league began today with

defending champions Dabang Delhi T.T.C taking on Puneri Paltan at the Thyagaraj Stadium. CAPTION:

PIC 1- Mr.Kiren Rijiju Minister of State Ministry Youth Affairs and Sports ,Mrs Vita Dani, Chairperson, 11 Sports and UTT Promoterand Dr. Prem Verma working president Table tennis federation of india during the opening Ceremony of the Ultimate Table Tennis League held at Thyagaraj Stadium in New Delhi on 25th July 2019

PIC 2- Mr.Kiren Rijiju Minister of State Ministry Youth Affairs and Sports during the opening Ceremony of the Ultimate Table Tennis League held at Thyagaraj Stadium in New Delhi on 25th July 2019

News from South East Asia

Pigeon faeces ruled out as contaminant at one school in Johor's Pasir Gudang

Agency
Petaling Jaya July 26,

Malaysia's Health Ministry has ruled out pigeon droppings as a contaminant that caused vomiting and breathing difficulty among pupils at a school in Johor's Pasir Gudang district.

Minister Dzulkefly Ahmad said his ministry, together with the Energy, Science, Technology, Environment and Climate Change Ministry, had updated all findings related to toxic air pollution in the industrial area and come up with an analysis. "Until today, we have not found (any relation to bird droppings). We will keep monitoring the situation closely," he said on Thursday (July 25).

At the same time, Datuk Seri Dzulkefly also said the ministry has engaged an independent committee comprised of experts to conduct a similar investigation. "We will compare their



findings with ours later," he said, adding that the committee's report is expected to be wrapped up by this month.

The minister was commenting on the remark by Johor Health, Culture and Heritage Committee chairman Mohd Khuzzan Abu Bakar on Tuesday that the state government was not ruling out the possibility that contamination from bird droppings had caused several episodes of vomiting and breathing difficulty among pupils of SK Tanjung Puteri Resort.

The primary school was among the 475 educational

institutions in Pasir Gudang that were closed for three days last month after more than 100 students from over 30 schools experienced symptoms like nausea and dizziness.

Singapore's Pulau Ubin. More than 5,800 people sought medical treatment after inhaling toxic fumes from the river. Johor ruler Sultan Ibrahim Sultan Iskandar has said he will propose to the Johor government to "get rid of or relocate" industries that have a negative environmental impact on the state, adding that "they endangered not just the people of Johor but also Singaporeans".

News from the World of Medicine

Max Hospital, Vaishali raises awareness on rising incidences of kidney diseases amongst youth

Two young cases of kidney failure presented at the event where patients shared their stories

By a Correspondent
Ghaziabad, July 26,

To discuss trends of increasing kidney diseases among adolescents, Max Super Speciality Hospital, Vaishali, today organised an interactive session and showcased two young patients who successfully underwent renal transplant procedure.

The doctors also highlighted the recent advancements in the field of renal transplant which has made the overall procedure of a kidney transplant a low-risk surgical process. While the patients spoke about their experience with the disease, the doctors shared knowledge on various precautionary steps and latest available treatments for better management of renal health by adolescents.

The session conducted by the Nephrology team deliberated various factors due to which a lot of young adults are being diagnosed with various stages of kidney diseases. Some of the most common factors which stood out were excess consumption of processed food, lack of exercise, obesity, diabetes and metabolic syndrome. Overuse of over the counter drugs like antibiotics, painkillers and



steroids in early life also severely impact their kidneys. 19-year old Vivek Yadav from Gorakhpur was diagnosed with high BP and kidney failure two years ago. He was on hemodialysis since then and none of his family members had a similar blood group. He was brought to the emergency department, Max Hospital Vaishali, with the complaints of severe breathlessness and high blood pressure. Detailed investigation revealed excess water accumulation in his lungs that had caused breathlessness and was monitored on ventilator for 3 days. Upon improvement in his condition, he was tapered off the ventilator and was put on hemodialysis routine, thrice a week.

Talking further about the case, Dr Neeru P Aggarwal, highlighted, "While,

Vivek's blood group was O positive his mother's was A positive. However, after complete evaluation, it was found that ABO incompatible transplant was a possibility in his case. The 5-hour surgery was successfully performed and there were no post-operative complications and his body adapted his mother's kidney very well. After a span of 10 days or so, his kidney function improved significantly. Few of the precautions he was asked to take included using a mask when stepping out, maintaining personal hygiene and avoiding crowded places."

Vivek has resumed higher studies and doing well in his day to day life. He comes in for his regular follow ups and is very disciplined with his lifestyle as well as transplant medication.

Case #2

Sanjay Sinha a 35-year-old gentleman was found to have advanced kidney failure in 2009 when he was 25 years old. He underwent kidney transplantation in 2009 when his mother donated a kidney to him. However, the transplanted kidney lasted for approximately 10 years and the graft failed in Jan 2019.

Speaking about his case, Dr K Manoj Singhani, said, "After evaluating Sanjay's case, we advised him to restart his dialysis treatment. Fortunately, this time his elder sister stepped in and offered to donate a kidney to him. Since, it was his second kidney transplant; there was a high risk of his body rejecting the donor's kidney post operation. Therefore, he was thoroughly investigated and was found to have DSAs (Donor Specific antibodies) which increases the risk of rejection of the new kidney. While this posed as a challenge for us, we desensitized him with plasma-exchange before the transplantation and the surgery went successfully." Sanjay has gone back to his normal life and doing well since last 2 months post his transplant.

Indonesia pardons woman jailed for exposing harassment

Agency
Jakarta July 26,

An Indonesian woman sentenced to six months in jail for exposing her lecherous boss won a parliamentary pardon yesterday after the case sparked an outcry over the victim's rights.

Loud applause broke out in the House of Representatives as lawmakers unanimously voted to quash the prison sentence handed to Ms Baiq Nuril Maknun, 41, over a recording she made of her former employer's sexual harassment.

The mother of three, who was in the chamber, broke down in tears at the decision - her last hope to avoid prison after exhausting other avenues of appeal.

Rights groups had condemned the sentence and the high-profile case sparked fears it would discourage victims of sexual harassment from speaking out in the conservative Muslim-majority nation.

Indonesian President Joko Widodo, who also expressed concerns about the woman's sentence, was expected to sign off on the pardon. "The path is clear to grant Nuril an amnesty, and the President should act immediately," Amnesty International said in a statement.

"This would be a historic victory for victims of sexual abuse in Indonesia," it added, saying Ms Nuril had suffered an "immense injustice". In 2015, Ms Nuril's boss - the

principal of a high school in Lombok where she worked - reported her to the police for defaming him after a recording she made of him making sexual comments went viral on social media.

She was later fired and charged under a law against spreading indecent material, which has been criticised for being too vague and open to misuse.

A local court on the island of Lombok, next to holiday hot spot Bali, initially cleared her of the charges.

But prosecutors pursued the case and last year Indonesia's top court reversed the lower court decision.

This month, the Supreme Court threw out her appeal against its ruling.